REIMBURSEMENT OPTIONS FOR TAPE TECHNIQUE

Insurance & Medicare Code Billing
These are recommendations made by Certified Kinesio Taping Practitioners® (CKTP®) who are using these codes daily in their practices. These codes come from a survey of 1500 members on September 25, 2013. Billing codes can be used for supplies and material as well as other supplements provided during an office visit. The code you use should depend upon your goal for treatment so the best place to start is with your intention for the tape. Is it an extension of manual drainage or manual therapy? If it is to reduce pain or swelling, inhibit or facilitate a muscle or to provide stabilization for a functional outcome then choose your code accordingly.

Below are the codes most recommended by our practitioners, the codes that have been most effective have been listed first.

**CPT Codes:**

- **97112** (Neuro-muscular Re-education): This code is for manual therapy, therapeutic exercise, neuromuscular rehab purposes, muscle inhibition or facilitation, space correction, or to improve balance or proprioception; NMR for endurance or correction of postural stabilizers; addressing trophic changes of complex regional pain syndrome.
- **97140** (Manual Therapy Techniques): Document that it is used for soft tissue mobilization, facilitation of muscles, pain management, lymphatic management, swelling management, scar mobilization, myofascial correction, mechanical joint correction or support.
- **97110** (Therapeutic Procedure/Exercise): For strengthening or lengthening a muscle. Used in conjunction with retraining posture, endurance, and Flexibility.
- **97116** (Gait Training/Facilitation of ADL's)

**Miscellaneous Codes:**

- **97139** (Unlisted Therapeutic Procedure): Good with certain insurance companies, such as personal injury liability insurance.
- **99070** (Supplies and Materials - Tape)
- **97530** (Therapeutic Activities)
- **97533** (Sensory Integrative Techniques to enhance sensor processing and promote adaptive responses to environmental demands)
- **97799** (Unlisted Physical Medicine/Rehabilitation service or procedure)
Strapping Codes:
Medicare reimburses these, if denied the strapping codes by a PPO try using: 97112

- 29200 (Thorax)
- 29240 (Shoulder, eg. Velpeau)
- 29260 (Elbow or Wrist)
- 29280 (Hand or Finger)
- 29520 (Hip)
- 29530 (Knee)
- 29540 (Ankle and/or Foot)
- 29550 (Toes)

HCPCS Reimbursement Code Options: 29520-29590 & 29200-29280 (Same as CPT codes)

- 99070 (Supplies)
- A9270 (Non-Covered Item or Service)
- A9900 (Miscellaneous DME supply, accessory, and/or service component of another HCPCS code.)
- A9999 (Miscellaneous DME supply or accessory, not otherwise specified)
- A4450 (Non-waterproof, per 18 square inches)
- A4452 (Waterproof, per 18 square inches)

Light Compression Bandage: A4466 (Garment, belt, sleeve or other covering, elastic or similar stretchable material, any type, each)

- A6448 (Elastic, knitted/woven, width less than three inches, per yard)
- A6449 (Elastic, knitted/woven, width greater than or equal to three inches and less than five inches, per yard)
- A6450 (Elastic, knitted/woven, width greater than or equal to five inches per yard)

Please verify which codes are applicable in your region before submitting a claim. Kinesio does not make any claims expressed or implied, of their fitness for a particular purpose, or for their accuracy, completeness, or usefulness of any information disclosed. These codes are general for the tape and the areas that you tape and are not timed codes. If you find codes that work better than others or use codes that work with specific insurance carriers, please let the Kinesio Taping® Association International know so that we can share this information with other practitioners.